



Runner Directions

Start at the County Fairgrounds in Woodstock, VA.

Follow directions thru Woodstock. To Mill Road.

- Right on Mill Rd. (665), Left on 758, Straight on 273, Left on FS 66, Left on Lavender blazed trail (0.8), Right on Orange blazed trail, Right on FS 66, Left on 771, Left on 773, Right on 774, Left on 771, Right on 770, to 758 **pit crew point #1**.
- Continue South on 770, Left on 803, cross 678, and South on 769, Left on 777, Left on 675 to 4 pts, **pit crew point #2** up 675 to Left on foot-path to Overlook (35.1 mi). Right back down on 675, then Left on Duncan Hollow footpath.
- Take the Duncan Hollow Trail South to Peach Orchard Gap (3.0 mi). Continue South and West to the Middle Mtn Trail, then North and West on the Scothorne Gap Trail, To Crisman Hollow for **Med Check I** (FS274). Right on 274 for 5.0 mi to Four Points (274/730/675) **pit crew point #3**.
- Left on 730 (3.1), Right on 374 to Edinburg Grap (56.1 mile pt). **Pit Crew Point #4**. Head North on a 4WD road 3 mi. to Peters Mill Pond. Continue North on Peters Mill Run Trail to Little Fort Recreation Area at 758, **pit crew point #5**.
- Left on 758 (0.6) to 273, Right on 273 (2.28) Left on FS 66. Continue North (2.17) to Mudhole Gap. Continue East down through the Gap (0.9), Left on Foot-path about 150 yards to FS1350, continue (3.9) and make a VERY ABRUPT LEFT TURN on to spur trail to the Big Blue Trail, continue to the Elizabeth Furnace Picnic Area. **Medical Check II** (74.6 mi point). Cut-off time- Must check-out by midnight. **Pit crew point #6**.
- The next 4.5 mi. is mostly an uneven foot-path; the 1st mile is Botts' Trail. A very steep climb and descent follows. Then a 4WD (also uneven) road to 613 (80.6 mi point). Right on 613 (1.8 mi) Veach East aid station just off road on right. Follow Veach Gap trail to Veach West aid station. About 4.5 miles to the trail ahead at 774. **Pit crew point #7**.
- Continue on 774, Right on 678, Left on 774, Left on 771, Right on 770 to 758, **pit crew point #8**. Right on 758. Then up and over the mountain on 758 to Mill Road, Right on 665, Left on Water St. **Last pit crew point #9**. Right on Court St., Cross Main St., Left on Commerce St., Right on Mass. Heights, Straight on Ox Road to the County Fair Grounds and FINISH Line on the race track.